

**James Hibel, Ph.D. LMFT**  
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Palm Beach Gardens, FL 33410  
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## **VITA**

### **EDUCATION**

- 1982 Post-Graduate Practicum  
Marriage and Family Therapy  
Philadelphia Child Guidance Clinic  
Philadelphia, PA
- 1981 Ph.D. Child and Family Studies  
Syracuse University  
Syracuse, NY
- 1978 M.A. Marriage and Family Therapy  
Syracuse University  
Syracuse, NY
- 1976 M.A. Psychology  
Syracuse University  
Syracuse, NY
- 1972 B.A. Psychology  
Franklin and Marshall College  
Lancaster, PA

### **PROFESSIONAL EXPERIENCE**

- 1980-Date Private Practice: Individual, Marital and Family Therapy  
Palm Beach Gardens, FL
- 2008- Date Associate Professor of Family Therapy and Community Engagement, Graduate  
School of Humanities and Social Sciences, Nova Southeastern University, Ft.  
Lauderdale, FL

- 2011-date Senior Associate Dean for Institutional Enhancement, Division of Applied Interdisciplinary Studies and Graduate school of humanities and Social Sciences, Nova Southeastern University, Ft. Lauderdale FL
- 2006-2011 Senior Director of Institutional Assessment, Planning and Relations, Graduate School of Humanities and Social Sciences, Nova Southeastern University, Ft. Lauderdale, FL
- 2002-2006 Director of Institutional Assessment, Planning and Relations, Graduate School of Humanities and Social Sciences, Nova Southeastern University, Ft. Lauderdale, FL
- 2000-2002 Executive Director for Academic Affairs, Graduate School of Humanities and Social Sciences, Nova Southeastern University, Ft. Lauderdale, FL
- 1998-2008 Assistant Professor of Family Therapy, Graduate School of Humanities and Social Sciences, Nova Southeastern University, Ft. Lauderdale, FL
- 1996-1997 Adjunct Professor, School of Social and Systemic Studies, Nova Southeastern University, Ft. Lauderdale, FL
- 1978-1980 Staff Therapist, Parent - Child Study Center  
West Palm Beach, FL

### Clinical Practice

In 1976, having completed my Master's Degree in Social Psychology and while preparing to embark on my Doctoral Dissertation, I explored coursework in Marriage and Family Therapy and made the decision to shift from a research oriented career to a clinical career. As a Social Psychologist I had long been interested in the relation aspects of human behavior, and Marriage and Family Therapy, based on Systems theories, was a natural transition. My earliest experiences as a clinician and as a trainer were based on systemic ideas including Structural family therapy as well as Natural Systems ideas. In the late '70s and early '80's I became more interested in ideas coming from Milan and the Ackerman Clinic in New York which shifted focus away from pathology inside individuals and systems towards more collaborative, strength based approaches. This direction has continued in my practice, teaching and training, and much of my work is currently informed by post-structuralist, systemic based models, particularly Narrative Therapy.

### Juried and Invitational Presentations

- 1998 Florida Association for Marriage and Family Therapy. Annual Conference. “The stuck drawer model: sequential interventions in families with an adolescent.”
- 1999 American Association of Marriage and Family Therapy. Annual Conference. “Bringing dead supervision to life.” with Anne Rambo, Ph.D. and Pat Cole, Ph.D.
- 2000 Florida Association for Marriage and Family Therapy. Annual Conference. “Bringing dead supervision to life.” Co-presented with Anne Rambo and Pat Cole, Ph.D.
- 2001 Florida Association for Marriage and Family Therapy. Annual Conference. “Deconstructing the helping relationship.” with Karen Kinchen, M.S.
- 2002 Nova Southeastern Family Therapy Department Workshop Series. “Family therapy with adolescents” with Tommie Boyd, Ph.D.
- Erickson Foundation: Brief Therapy Conference. “Changing stories for a changing world” with Anne Rambo, Ph.D., Pat Cole, Ph.D. and Debra Nixon, Ph.D.
- 2003 Women in Distress: Domestic Violence Workshop. “Ethics in domestic violence work.”
- American Association for Marriage and Family Therapy. Annual Conference. Full-Day Institute. “Changing stories for a changing world. with Anne Rambo, Ph.D., Pat Cole, Ph.D. and Debra Nixon, Ph.D.
- 2004 Quality of Life Council. “The healthy kids project.” with Alexandra Puricelli.
- Children’s Services Council. Advisory Board meeting. “The healthy kids project.” With Alexandra Puricelli.
- 2005 Broward County Health Dept. “The healthy kid’s project: Bringing wellness and countering obesity in our county’s children.” With Alexandra Puricelli.
- 2006 Center for Psychological Studies, Nova Southeastern :University. “Narrative therapy: Weaving history into a new story.”
- American Association for Marriage and Family Therapy. Annual Conference. “Case consultation: Must it always be dead supervision?” With Pat Cole and Anne Rambo.
- 2007 North East Florida Association for Marriage and Family Therapy. Colloquium. “Introduction to Narrative Therapy.”

National Society for Experiential Education. Annual Conference. "Quality enhancement of graduate practicum experiences in family therapy and conflict resolution programs: Integrating community needs with pedagogy. With Tommie Boyd and Judith McKay.

2008 American Association for Marriage and Family Therapy. Annual Conference. Memphis, Tenn. "Using core competencies in reaccreditation and reaffirmation." With Ron Chenail, Ph.D. and Tommie Boyd, Ph.D.

2009 International Narrative Therapy Symposium, Playa del Carmen, Mexico. "Teaching and supervision of narrative work. With marcela polanco.

Florida Association for Marriage and Family Therapy, Annual Conference. Deerfield Beach, Florida. "Exercises for teaching and supervising narrative work." With marcela polanco.

Florida Association for Marriage and Family Therapy, Annual Conference. Deerfield Beach, Florida. "Narrative practices with adolescent girls in a school." With Corrine Scholtz.

Narrative Therapy Symposium. Systemas Humanos and Universidad Central, Bogota, Colombia. "Listening in narrative work." With marcela polanco.

American Association for Marriage and Family Therapy. Annual Conference. Sacramento CA. Full-day Institute: "How MFT students become different: Using core competencies".. With Tommie Boyd, Chris Burnett, Ron Chenail, and Randy Heller.

2009 Assessment Institute at IUPUI. Indianapolis, IN. ".Integrating Professional Core Competencies with Program Assessment." With Tommie Boyd.

2010 2010 Assessment Institute at IUPUI. Indianapolis, IN. Poster Session. "Relying Upon adjunct faculty to assess graduate programs: A priority endeavor. With Margaret Malmberg and Tammy Kushner.

Consortium for Narrative research and Practice, Ft. Lauderdale, FL. "Narrative Therapy at NSU. With Paul Gallant and marcela polanco.

2011 2011 Assessment Institute at IUPUI. Indianapolis, IN. Poster session "Utilizing course directors with graduate online faculty". With Marquerite Bryan.

2011 Assessment Institute at IUPUI. Indianapolis, IN. Best Practices Presentation. "Investing in adjunct faculty development to increase student success". With Marquerite Bryan.

2011 Assessment Institute at IUPUI. Indianapolis, IN. Concurrent Workshop.

“Crossing boundaries: Creating faculty capacity for global positioning. With Susanne Marshall.

### Book Chapters

Hibel, J., & Shelton, D. (2001). Respectful supervision. In Duncan, B. & Sparks, J. (Ed.) *Heroic clients, heroic agencies: Partners for change* (pp. 232-233). Ft. Lauderdale: Nova Southeastern University Press.

Hibel, J. (2001). Cynicism and reverence. In Duncan, B. & Sparks, J. (Ed.) *Heroic clients, heroic agencies: Partners for change* (pp. 148-152). Ft. Lauderdale: Nova Southeastern Press.

### Juried publications

Hibel, J., & Katz, N. (2005). Bedroom and boardroom: Consulting to organizations and family systems. *Peace and Conflict Studies*. 12(1), 71-84.

Hibel, J., & Polanco, M. (2008). Exercises within a graduate course in Narrative Therapy. *International Journal of Narrative Therapy and Community Work*, 1, 61-67.

Flemons, D., Liscio, M., Gordon, A.B., Hibel, J., Guitierrez-Hersch, A., & Rebholz, C. (2010). Fostering solutions: Bringing brief therapy principles and practices to the child welfare system. *Journal of Marital and Family Therapy*. 36(1), 80-95.

Hibel, J., & Polanco, M. (2010). Tuning the ear: Listening in Narrative Therapy. *Journal of Systemic Therapies*. 29(1), 51-66.

Hibel, J., Gallant, P., Polanco, M., Manley, M., Scholtz, C., & Schlapfer, O. (2010). Keeping faith with keeping faith: Conversations about a conversation with Michael White. *Journal of Systemic Therapies*, 29(3), 1-22.

Jeanty, G., & Hibel, J. (2011). Mixed Methods Research of Adult Family Care Home Residents and Informal Caregivers. *The Qualitative Report*. 16(3), 635-656  
<http://www.nova.edu/ssss/QR/QR16-3/jeanty.pdf>.

Jeanty, G., & Hibel, J. (2011). Mixed Methods Research of Adult Family Care Home Residents and Informal Caregivers. *The Weekly Qualitative Report*. 4(25),  
[http://www.nova.edu/ssss/QR/WQR/wqr4\\_25.html](http://www.nova.edu/ssss/QR/WQR/wqr4_25.html)

### Other publications

Rambo, A., Hibel, J. Green, S., & Cole, P. (2005). New ventures in syllabi writing: Getting the Core Competencies into concrete, behavioral, measurable learning objectives. *Family Therapy Magazine*. 4, 19.

Crowther, Debra. (2005). Reining in an epidemic: Researchers take on the challenge of curbing childhood obesity. *Horizons*. Fall, 2005, 30-33.

Hibel, J. (2007). Book Review: White, M. (2007). *Maps of narrative practice*. New York: W.W. Norton & Co. in *Journal of Marital and Family Therapy*, 34, 1, 122-123.

Browne, J., & Hibel, J. (2008) Learning the many meanings of family: Contemporary perspectives for elders. *The older LEARNer*, 16. Retrieved August 19, 2008 from <http://www.asaging.org/asav2/learn/enews/08summer/top.cfm>.

### Training and Supervision Programs Developed

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|-----------|---|
| 2005      | Specific learning objectives: making visible your students' transformations.                      |
| 1999      | Bringing out the best in children acting at their worst., Nova Southeastern University            |
| 1998      | Dissertation Fair, Nova Southeastern University   |
| 1997      | Masters Degree in Marriage and Family Therapy in Palm Beach Gardens, Nova Southeastern University |
| 1987-1990 | Sexual Assault Treatment Center, Ft. Lauderdale, FL   |
| 1987-1989 | Advanced Family Therapy Supervision Group, Palm Beach Gardens, FL                                 |
| 1985-1987 | Family Therapy Training, Drug Abuse Treatment Association, West Palm Beach, FL                    |
| 1985-Date | Individual Family Therapy Supervision   |
| 1980-1986 | Commuter Family Therapy Program, West Palm Beach and Miami, FL                                    |

### Editorial and review activities

2011 – date. Special Sections Editor: *Journal of Systemic Therapies*

Associate Editor: *Peace and Conflict Studies*

Article Reviews: *Journal of Marital and Family Therapy*

Book Reviews: *Journal of Marital and Family Therapy*

Article Reviews, *Journal of Systemic Therapy*.

Proposal evaluator: President's Quality of Life Grant: NSU  
President's Faculty Scholarship Grant: NSU  
AAMFT Conference proposal reviewer

#### Institutional assessment reports and projects

Evaluation of the major: Ph.D. in Conflict Analysis and Resolution. August 2002

Evaluation of the effectiveness of the Master's Degree program in Conflict Analysis and Resolution. August 2003

Assessment of student learning outcomes for the Ph.D. degree in Conflict Analysis and Resolution. August 2004

Assessment of student learning outcomes for the Master's Degree in Family Therapy. August 2004

SACS reaffirmation review- Phase one. Academic unit self-assessments related to selected best practice considerations implicit in the Principles of Accreditation. October 2003

Assessment of student learning outcomes for the Master's Degree in Conflict Analysis and Resolution. August 2005

Assessment of student learning outcomes for the Ph.D. Degree in Family Therapy. August 2005

The effects of applied training on SHSS students and graduates: Learning modes and impacts of training in practicums and employment. August 2006. Ongoing five-year Quality Enhancement Project as part of the NSU reaffirmation process

Assessment of student learning outcomes for the Master's Degree in Conflict Analysis and Resolution. September, 2008

Assessment of student learning outcomes for the DMFT Degree in Family Therapy. June, 2009

Assessment of student learning outcomes for the Ph.D. Degree in Family Therapy. June, 2009.

Assessment of student learning outcomes for the Ph.D. degree in Conflict Analysis and Resolution. March, 2010.

Assessment of student learning outcomes for the Master's degree in Family Therapy. March, 2010.

Assessment of student learning outcomes for the Master's degree in cross-Disciplinary Studies. March 2010.

Assessment of student learning outcomes for the Master's degree in Student Affairs. With Judith McKay. October, 2011.

#### Grants and grant applications

Homebuilders Project (2002). This was a proposal for a three year project to implement and evaluate the Homebuilders model of family preservation. The proposal was submitted to the Children's Services Council of Broward. The grant request was in the amount of \$1.1 million. Grant not awarded.

The Healthy Kids Project (2003). This project was proposed in conjunction with Doctoral student Alexandra Puricelli. It was designed to develop and assess the effectiveness of a multi-level effort aimed at promoting healthy lifestyles among all adolescents, and at reducing adolescent obesity in particular. Grant proposal submitted to the President's Faculty Research and Development Grants. The grant request was in the amount of \$10,000. Grant awarded by the Broward County Quality of Life Scholarship Award in the amount requested.

Community Nutrition awareness project (2004) This project was designed to bring nutrition awareness to the Broward County community through the development of website to provide information, presentations to the adult community, presentations to children and families using a costumed character, "Snappy the Orange", and development of community gardens. Funding was requested in the amount of \$150,000 from the Office of the Attorney General, State of Florida. Grand was awarded in the amount requested.

The effects of child rearing settings on the emergence of autobiographical memory. (2006). Proposed with Alex Cuc and Michael Reiter. This is a study designed to explore the development of autobiographical memory by investigating onset of this memory in middle aged and elderly adults based on factors of gender and child rearing setting. The grant request was proposed to the President's Faculty Scholarship Committee for \$10,000. The award was not granted.

#### Contract related activities

Resource Based Solutions (RBS). (2003 – 2006). This workshop series was developed in collaboration between SHSS and the Children's Services Council of Broward. The series was

initiated in 2003 and continued through 2006. Workshops were offered at no cost to providers of services to children and families regarding brief, solution-focused approaches to problems. This series has served over 300 participants through over 30 workshop presentations, and has generated in excess of \$50,000 in funding for this series.

Jumpstart to Permanency (JTP). (2004 – 2005). This project is a collaborative effort between SHSS faculty and adjuncts from both DCAR and DFT and the Children's Home Society of Broward (CHS). This team of University personnel and CHS administrators developed a unique program to address the ongoing problem of children remaining in foster care for extended periods of time. Integral to the program developed are both Systems Facilitators, individuals who work with the entire system of stakeholders as the "client", and Family Therapists who work with families involved using systemic approaches. SHSS faculty and adjuncts have served in an advisory capacity and three SHSS students have been hired either as Systems Facilitators, Family Therapists or both. To date this program has brought in excess of \$40,000 to SHSS in support of these activities and increased funding is being sought.

### Community and University service

- 2010 Leadership Team, quality enhancement Project Committee, Faculty credentials Database Point Person, chair, Institutional Assessment Committee for division of Applied Interdisciplinary Studies, Proposal reviewer for Chancellor's faculty Scholarship grant proposals, Gallup "NSU is YOU" trainer of trainers, DFT Ph.D. curriculum development committee, NSU Alumni Survey Team, NSU ASLO review team, Academic Review Committee, Academic Review Committee Review author, Academic review Committee Recommendation co-author.
- 2009 Leadership Team, Portfolio Development Team, Quality Enhancement Project Committee, Faculty Credentials Database Point Person, Proposal Reviewer for President's Faculty Scholarship Grant proposals, Gallup "NSU is YOU" trainer of trainers, Consultant to faculty regarding syllabus development, NSU Alumni survey team, ASLO review team.
- 2008 Leadership Team, Portfolio Development Team, Curriculum Development Team, COAMFTE Reaffirmation Team, Quality Enhancement Project Committee, Faculty Credentials Database Point Person, Proposal Reviewer for President's Faculty Scholarship Grant proposals, Gallup "NSU is YOU" trainer of trainers, Consultant to faculty regarding syllabus development.
- 2007 Leadership Team, Curriculum Review Committee, Syllabus Review Committee, Proposal reviewer – President's Faculty Scholarship Grant, Online Doctoral Program Committee, Academic Review Committee response team, Quality Enhancement Project Committee, Faculty Credentials Data Base, DFT Master's Accreditation Team, Reaffirmation "Point Person" for SHSS Planning/Institutional Effectiveness Committee, Syllabus enhancement projects for DFT and DCAR.

- 2006 Leadership Team, Curriculum Review Committee, Syllabus Review Committee, Proposal reviewer – President’s Faculty Scholarship Grant, CSC Broward Training Collaborative, Dissertation Policy Committee, Online Doctoral Program Committee, Academic Review Committee response team, University Reaffirmation “Point Person” for SHSS, Planning/Institutional Effectiveness Committee (University Reaffirmation), Quality Enhancement Project Committee (University Reaffirmation), Developed the Faculty Credentials Data Base (University Reaffirmation), Cluster Site Committee (University Reaffirmation), Library Committee (University Reaffirmation), Quality Enhancement Project Committee (University Reaffirmation).
- 2005 Leadership Team, Curriculum Review Committee, Syllabus Review Committee, Application Process Review Committee, Quality of Life (QOL) Council, Proposal reviewer – President’s Faculty Scholarship Grant, Proposal reviewer – QOL Faculty Research and Development Grant, QOL Childhood Obesity Committee, CSC Broward Training Collaborative. Assessment of Student Learning Outcomes – DFT Ph.D., Online Doctoral Program Committee, Student Learning Center Development Committee, University Reaffirmation “Point Person” for SHSS, Planning/Institutional Effectiveness Committee (University Reaffirmation), Quality Enhancement Project Committee (University Reaffirmation).
- 2004 Leadership Team, Integration Task Force, Curriculum Review Committee, Syllabus Review Committee. QOL Council, Proposal reviewer – President’s Faculty Scholarship Grant, Proposal reviewer – QOL Faculty Research and Development Grant, QOL Childhood Obesity Committee, CSC Broward Training Collaborative, Assessment of Student Learning Outcomes – DFT Master’s, DCAR Ph.D., SHSS/SACS Mock Review, Program Development – MACS in Institutional Assessment, Faculty Promotion Committee Chair.
- 2003 Leadership Team, QOL Council, CSC Broward Training Collaborative, Assessment of Student Learning Outcomes – DCAR Master’s, SHSS 15<sup>th</sup> Anniversary Celebration Committee, Online Initiatives Committee, Applied Family Systems Program Committee,.
- 2002 Leadership Team, Doctor of Marriage and Family Degree Program Development Committee, Faculty Promotion Committee Chair, ICCP Suicide Prevention Project Committee.

Licenses and Certifications

License: Florida MFT 000617: Marriage and Family Therapy

Certifications: Clinical Member: American Association of Marriage and Family Therapists  
Approved Supervisor: American Association of Marriage and Family Therapists  
Member: Florida Association of Marriage and Family Therapists