



**David Epston**  
 MA, CQSW, DLitt

David is the co-director of The Family Therapy Centre and teaches at the School of Community Development, Unitec Institute of Technology. He is the co-author of *Biting the hand that starves you: Inspiring resistance to anorexia/bulimia* (2004), *Playful approaches to serious problems* (1997), *Narrative means to therapeutic ends* (1990), and many other publications. In 2002, he was recognized by a Special Award for Distinguished Contributions to Family Therapy by the ANZJFT, and in 2007, the American Family Therapy Academy presented him with the "Distinguished Contribution to Family Therapy Theory and Practice" award.

These workshops are approved by the Florida Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling (BAMFT Provider #BAP-880 Exp. 2/2011).

## 2 Days with David Epston

Friday, June 18, 2010

Saturday, June 19, 2010

Nova Southeastern University, The Maltz Psychology Building

**Friday, June 18, 2010**

*A New Genre of Working with the Problems of Young People in their Families and Communities*

**8:30 a.m. Registration and Continental Breakfast; Workshop: 9 a.m. – 4 p.m.; Lunch on your own: Noon – 1 p.m.**

This workshop will trace the history of a novel genre of "playful approaches to serious problems" of young people and their families. It is founded on a concern for a kind of enquiry that confers respectworthiness upon everyone but, in particular, young people. Its intention is for everyone to respond to their predicaments "standing" on their own, their families', and the "community's" dignity.

This requires the therapist to turn the, by now well-established and taken-for-granted, order of a meeting on its head. Here any meeting commences with a detailed enquiry into the young person's "wonderfulnesses," many of which implicate their parents and families and communities (e.g., "Do you think you got that from your mom or your dad, your sister, or your brother, or someone else?"). An assumption is made that the young person and his/her family need to introduce themselves to the Problem on the grounds that it (the Problem) has either misjudged them or doesn't really know enough about them. To rectify matters, the young person and his/her family are provided with ample opportunities to impress on the Problem (1) what they stand for, and (2) what their skills and knowledges make available to them. The justification for what might seem like a disordered enquiry is that "We all need to know what you and your family can put against the Problem that is troubling you all, after which we will get on to the Problem itself." Examples will survey a wide range of such "problems" and "troubles." David will argue a case for, and demonstrate by examples, how such enquiries can lead to quite unexpectedly rapid and thrilling results.

**Saturday, June 19, 2010**

*Living a Narrative Therapy Interview*

**8:30 a.m. Registration and Continental Breakfast; Workshop: 9 a.m. – 4 p.m.; Lunch on your own: Noon – 1 p.m.**

This day-long workshop will first explain its rationale for an unprecedented kind of pedagogy. It takes its lead from the master class in which a senior practitioner/teacher "plays" with a prodigiously talented junior practitioner; such a class has the avowed intention of passing over the senior's craft and art to a junior. Here everyone attending will be considered to be a junior and, at times, will join David in the practice of the interview in one way or another.

A way has been found to "profane" the sacredness of the interview which is always in the service of the interviewee. By contrast, this interview will be in the service of all attendees' desire to learn narrative therapy enquiry and my desire to convey that to you. David will do his best to allow you in to his very thoughts as he crafts his questions by "reflecting on his action" in action. This workshop intends to allow you to virtually "see" inside a narrative therapy interview.

### David's Recommended Reading to Prepare for this Workshop

- Epston, D. (2008). *Down under and up over: Travels with narrative therapy*. Warrington, UK: Association of Family Therapy.
- Freeman, J., Epston, D., & Lobovits, D. (1997). *Playful approaches to serious problems: Narrative therapy with children and their families*. New York: Norton.
- Available for download at [www.bamft.org](http://www.bamft.org):** Hancock, F., & Epston, D. (2008). *The craft and art of narrative inquiry in organizations*. In D. Barry, & H. Jensen (Eds.), *The SAGE Handbook of New Approaches to Organization Studies* (pp. 485-502). London: SAGE.
- Schön, D. (1983). *The Reflective Practitioner. How professionals think in action*, London: Temple Smith.

### Registration Form: 2 Days with David Epston (Friday and Saturday, June 18 – 19, 2010)

Full Name		License No. (for CEUs)	
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City	State	Zip Code	(Area Code) Phone:
Are you a BAMFT subscriber? <input type="checkbox"/> Yes <input type="checkbox"/> No		E-mail address:	
<b>EARLY REGISTRATION (Before June 1)</b>		<b>RECEIVED ON OR AFTER JUNE 1</b>	
<input type="checkbox"/> <b>BOTH DAYS</b> (June 18 – 19) <b>BAMFT Subscribers</b> — Student/Intern: \$175; Professional: \$200. <b>Non-subscribers</b> — Student/Intern: \$200; Professional: \$225.		<b>BAMFT Subscribers</b> — Student/Intern: \$200; Professional: \$225. <b>Non-subscribers</b> — Student/Intern: \$225; Professional: \$250.	
<input type="checkbox"/> <b>FRIDAY ONLY</b> (June 18) Everyone — \$125.		<b>DAY OF WORKSHOP:</b> Anyone at the door — \$150.	
<input type="checkbox"/> <b>SATURDAY ONLY</b> (June 19) Everyone — \$125.		<b>DAY OF WORKSHOP:</b> Anyone at the door — \$150.	
Check or money order enclosed in the amount of \$			
Signature		Date	

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