Interview with Dr. Arlene Gordon

Clinical Director of the Brief Therapy Institute

Dr. Arlene Gordon is the Clinical Director of the Brief Therapy Institute, Department of Family Therapy, Training Facility. Dr. Gordon began her journey at Nova Southeastern University in 1990 when she joined the third cohort of the Marriage and Family Therapy program that had begun in 1998. She was given the award of “Distinguished Alumni” in 2002 and was nominated for a STUEY in 2003.

Over the years Dr. Gordon has been amazed at the growth and development of the program as well as the consistency of the faculty. She said the faculty has not only been consistent with the quality of teaching but she really appreciates the fact that several of the original faculty members of the Department of Marriage and Family Therapy remain involved with the program as the School of Humanities and Social Sciences celebrates its 25th anniversary.

The Marriage and Family Therapy program is one of only two Marriage and Family Therapy programs in the United States that is accredited through both Carnegie and by COAMFT. There are only two COAMFT programs in the State of Florida. The Brief Therapy Institute has strong ties with the local community through involvement with community projects, referrals from the court systems and contracts with social services. The Brief Therapy Institute provides training to the community through workshops and to students for academic and professional development.